

## MONTHLY BOARD MEETING MINUTES

August 25, 2014

### **Mental Health Board**

#### **Members in Attendance**

Behrens, Sharon  
Cleveland, Cheryl  
Dickinson, Will  
Holmes, Jim  
O'Meara, Janet  
Thickens, Theresa  
Williams, Jessica

#### **Absent Members**

#### **Staff and Guests**

Abrahamson, Twylla  
Bauman, Maureen  
Bond, Yvonne  
Chambers, Margaret  
Cople, Katrina  
Hughes, Lynda  
Jones, Janna  
Knecht, Richard  
Koehler, John  
Osborne, Marie  
Stanners, Sharon

### **Welcome and Introductions**

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation) – Not Read**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
  - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
  - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
  - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
  - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
  - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
  - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

### **PUBLIC HEARING –Placer County, Mental Health Services Act (MHSA) Plan 2014-17 and Expenditure Plan**

A public hearing was held prior to the regularly scheduled monthly MHADB meeting; details regarding the public hearing are included in separate minutes.

### **Secretary/Treasurer's Report**

**Approval of the June 23, 2014 and July 18, 2014 Regular Board Meeting Minutes and July 18, 2014 Retreat/Workshop Minutes.** Minutes approved as distributed.

**Approval of Treasurer's Reports – \$1,500 - Amount budgeted for Fiscal Year 2013-14.**

1. Expenditures for the month of June included: \$61.18 – catered meals and \$243.97 – tablecloth banner. End balance of \$296.51 and is accepted as presented.
2. \$1,500 – Amount budgeted for Fiscal Year 2014-15.
3. Expenditures for the month of July included: \$114.03 – catered meals and \$8.59 – frame. End balance of \$1,377.38 and is accepted as presented.

❖ **Guest Speaker: Margaret Chambers**, Client Services Program Supervisor, Adult System of Care (ASOC)

*Presenting on the Senior Peer Counseling Program*

- Maureen Bauman provided an introduction of the program, highlighting that it's funded on the Substance Abuse Prevention side. It helps people stay out of our system and provides benefit to those providing services as well as those receiving services.
- Senior Peer Counseling is County coordinated program that's been around for approximately 20 years. Community volunteers (counselors) partner with the Senior Peer Coordinator to run the program.
- Open to those residents of Placer County 55 years of age and older.
- Volunteer counselors meet once per week in a group supervision setting and accept assignment of clients; the individual is matched with the volunteer.
- 38 clients in the program being served by 13 volunteer counselors.
- Volunteers help clients move toward goals to improve their life, support them going to doctor, putting boundaries in place with family members, but the key is they are supportive, compassionate and nonjudgmental.
- Older Adult Services is new. It uses the same coordinator as the Senior Peer Counseling program.
- When older adults enter one of our programs in the ASOC and then begin touching more than one program (at the same time) within the system, the older adult services coordinator communicates between the client, client's family and those services he/she is involved in. Goal is to have one coordinator to pull all those involved together and create a plan.
- 18 people have been assisted over the last year.
- Volunteers receive 30 hours of training, including issues around mandated reporting, active listening, motivational interviewing and issues specific to seniors.
- Overcome some of the barriers by going to clients in their home.

**Standing Committee Reports**

❖ Alcohol and Drug Committee – Cheryl Cleveland

- Rosemary Smit-Lewis, Perinatal Outreach Services, provided the committee with her background and qualifications.
  - Her role includes outreach to pregnant women and mothers with children, as well as engagement in the community.
  - Plans to outreach in churches.
  - Challenges include building rapport with women, medical care and transportation.
  - Goal is to change the cycle of women's mistrust and branch out in the rural areas.
- Reviewed screening clinic times: Monday and Tuesday, Auburn Welcome Center from 1:00 – 2:00 pm; Thursday, Cirby Hills from 4:30 – 5:30 pm.

❖ Quality Improvement – Jessica Williams

- Discussed the Substance Abuse and Prevention review from February – there were additional questions after Placer County contacting reviewers. Hope to have the final report in the next few months.
- Reported on the EQRO (External Quality Review Organization) - yearly report completed by an outside organization.
  - The committee reviewed the report and some of the recommendations.
  - Service verification requirement - surveys are being sent out to verify billed services. If services don't match the services client received, they are directed to contact the Patient Rights Advocate.
- Lynda Hughes, the new Quality Improvement Program Manager, will be taking over responsibilities formerly managed by Marie Osborne.

❖ Children's Committee – Sharon Behrens

- Trauma Informed Care is slated for the September 9, 2014 Board of Supervisors' agenda for final approval. The trauma program will have four slots for Placer County.
- Passed around the August 24, 2014 Article in Sacramento Bee – Crisis seen in school-based mental health care. Continue to look at the school system from the transfer from mental health agencies to the schools. This will be a combined goal of the Children's and Quality Improvement committees during this fiscal year.
- MHSA dollars coming through CSOC for intensive community-based services wrap. Based around child's behavior and create a safety plan.
- Provided detail related to intensive services with Probation to wrap around AB 109 parents.
  - Meet with children 90 days before the release of adult from incarceration to provide resources and referral information.
  - Provide an early outreach to the families to break the cycle of generational criminality.
  - Will review the data after 18-24 months to see how the program is going.

- ❖ Adult Services Committee – Janet O'Meara
  - Reported on the Assisted Outpatient Treatment (AOT) wrap up. Discussed implementation and put together a document describing the history of the process and recommendations.
  - Identified the need to do thorough public information to explain so people understand what it is and isn't.

### **BOS-Representative**

- ❖ Supervisor, Jim Holmes reported on the following:
  - Discussed the presence of the homeless on the northwest corner in Dewitt and have received some complaints. Placer County Sheriff's Office is stepping up patrol in the area.
  - When the homeless are arrested in Roseville, they are transferred to the Auburn jail and subsequently released in Auburn.
  - Received some ideas that included a homeless shelter in one of the Dewitt barracks and/or permanent housing.
  - Gathering Inn has added vanpooling back to Roseville.
  - AOT is on tomorrow's Board of Supervisors' agenda and have received the courts approval. Mr. Holmes read the letter received from Judge Pineschi, who is in support of the implementation and will work with Health and Human Services.
  - Reported on the visit to Yolo County and other counties that have a 211 informational referral service in place. Hope to have a program in front of County Executive Office by the end of the year. This will include all the services in one place. Placer County is the largest county in California that doesn't have a 211.

### **Correspondence and Announcements**

- ❖ Janet O'Meara reported on the receipt of the following:
  - Save the date - Tuesday, December 9, 2014 in Los Angeles – Brain and Behavior Research Foundation: Discovery to Recovery: A Path to Healthy Minds.
  - September 10, 2014 from 9:00 to noon, the Latino Leadership Council will hold a forum - Latino Community: challenges in serving a Growing Latino Population in Placer County being held at the Flower Farm in Loomis.

### **Director's Report**

- ❖ Maureen Bauman reported on the following:
  - NAMI had an educational film – what is mental illness about. Received favorable reports.
  - Working with CalMHSA to do an education article using the Robin Williams tragedy to let people know that suicide can happen to anyone.
  - Participating, along with Rebecca Copple, on the League of Women Voters' panel discussing a family perspective and what the situation is like for them.
  - MHSA plan – will be increasing outreach to older adult population and continue to look at older adult services (all details are in the plan).
  - Alcohol and Drug (AOD) – conducting a group for those in mental health, open in our program, who probably have a substance abuse issue but aren't ready to admit the problem. This will be a pre-treatment group to engage and educate these individuals. Non-threatening process to help them get ready for treatment.
  - Electronic Medical Record – ASOC is on the last phase, which is the assessment (no more notes on paper).

### **Unfinished Business**

- ❖ Recruitment (*Standing Agenda Item*)
  - A potential Board member is in attendance tonight.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
  - Janet O'Meara won't be able to attend Recovery Happens on September 20th from 10:00 a.m. – 2:00 p.m. at the Auburn Recreation District Park and wanted to confirm others' attendance. Will bring MHADB materials for the table.
    - Theresa Thickens, Sharon Behrens and Sharon Stanners.
- ❖ Handbook Task Force (*Update*)
  - Not completed; currently in second draft.
- ❖ Review Committee Goals and Establish Board Level Goals
  - Theresa Thickens, Janet O'Meara and Sharon Behrens will take time at the executive committee meeting to finalize the goals.

- ❖ Lincoln Community Resource Collaborative
  - Sharon Behrens shared a recent experience with someone contemplating suicide, outside of Placer County, and her use of the green resource card.
  - Theresa Thickens and Sharon Behrens will have a table at the Mud Run for Life in October (family of those kids who committed suicide).
  - Theresa Thickens reported assistance from Maureen Bauman in getting materials and contacts out to Del Webb in Lincoln.

### **New Business**

- ❖ Presentation of Certificate of Appreciation to Dan Wesp
  - Dan Wesp was not able to be in attendance to accept his certificate but Janet O'Meara read the verbiage out loud.
- ❖ Vote on Appointment of Debra Jarvis as a Consumer Member **[Action Item]**
  - Janet O'Meara provided a brief background on Ms. Jarvis (not in attendance at tonight's meeting). The Executive Committee recommends the appointment of Ms. Jarvis to the MHADB.

**Will Dickinson approved the appointment of Debra Jarvis, as a Consumer Member to the MHADB, Cheryl Cleveland seconded. Motion carried.**
- ❖ Action taken at the August 11, 2014 Executive Committee meeting for the below-mentioned contracts
  - ☐ Sugden Psychiatric Services, Inc. to Provide Afterhours Psychiatric Services from October 1, 2014-June 30, 2015
  - ☐ FY 14-15 Performance Agreement with the California Department of Health Care Services
  - ☐ MH Services Act Contracts FY 14-16
  - ☐ Mental Health Services Act Plan 14-17 and Expenditure Plan
- ❖ Action taken at the August 11, 2014 Executive Committee meeting for the below-mentioned items
  - ☐ Letter in support of Assisted Outpatient Treatment
  - ☐ Purchase of film – The Anonymous People (amount not to exceed \$19.99 plus shipping and handling)

### **Board Member Comments**

- ✧ Jim Holmes thanked NAMI for their letter in support of AOT.
- ✧ Will Dickinson reported on his successful call into the Adult Intake line.
- ✧ Jessica Williams suggested including an executive committee report if we continue to make decisions in the committee meeting on a regular basis.
- ✧ Jessica Williams announced the green resource cards are now in Spanish.

### **Public Input**

- ✧ Yvonne Bond thanked Jim Holmes, Maureen Bauman, Janet O'Meara and the Board for moving forward AOT. She feels it's an additional tool for families and believes progress is being made.

### **Adjournment**

- The meeting was adjourned at 8:00 p.m.
- Monday, September 8, 2014 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, September 22, 2014 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board